

Patient's Nam	ne:Date:
	NEW PATIENT HISTORY FORM
	Please start at the top of your body and work your way down, i.e. Headache, Neck Pain, etc.
Symptom #	
•	On a scale from 1-10, with 10 being the worst, please circle the number that best describes the symptom most of the time: 1 2 3 4 5 6 7 8 9 10
•	What percentage of the time you are awake do you experience the above symptom at the above intensity: 5 10 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 95 100
•	When did the symptom begin?
	 Was this symptom a result of a motor vehicle collision? Yes/No (circle one)
	o Did you have this symptom before this motor vehicle collision? Yes/No
	If so, what was the intensity (1-10 w/10 the worst) and frequency?
•	What makes the symptom worse? (circle all that apply):
	Bending neck forward, bending neck backward, tilting head to left, tilting head to right, turning head to left, turning head to right, bending forward at waist, bending backward a waist, tilting left at waist, tilting right at waist, twisting left at waist, twisting right at waist, sitting, standing, getting up from sitting position, lifting, any movement, driving, walking running, nothing, other (please describe):
•	What makes the symptom better? (circle all that apply):
	 Rest, ice, heat, stretching, exercise, massage, pain medication, muscle relaxers, nothing, Other (please describe):
•	Describe the quality of the symptom (circle all that apply):
	 Sharp, dull, achy, burning, throbbing, piercing, stabbing, deep, nagging, shooting, stinging, Other (please describe):
•	Does the symptom radiate to another part of your body (circle one): yes no
	o If yes, where does the symptom radiate?
•	Is the symptom worse at certain times of the day or night? (circle one)
	o Morning Afternoon Evening Night Unaffected by time of day