

REED CHIROPRACTIC

6-Week Wellness Challenge

Rules

Individual Challenge

You can have three Challenge Categories: Bronze, Silver and Gold. Each category will have a specific point range. If, at the end of the 6-week challenge, your total points fall into the point range for a specific category, then you will meet that Challenge Category requirements. You can place friends or co-workers in a drawing for a prize set aside for that specific category.

Example: At the end of the 6-week challenge your point total equals 650. You find yourself accomplishing the Silver Challenge and will be placed in a drawing for the Silver Prize.

If you accomplish the Gold Challenge, then you will be eligible to win the Gold, Silver or Bronze Prize. Only one prize will be awarded to each winner.

Example: At the end of the 6-week challenge your total points equals 800. You find yourself accomplishing the Gold Challenge. Your name will be placed in the drawing for the Gold, Silver and Bronze Prizes. If you win the Gold Prize, then you are not eligible to win another prize. If you do not win the Gold Prize, then you can win the Silver or Bronze Prize...and so on.

Team Challenge

You can also do a Team Challenge in which Three or More individuals will compete together to be the top team to score the most points combined.

At least one member of the team must be a current patient of REED Chiropractic. The other two can be patients, family, friends, neighbors or others. If any team member is not a current patient, then they will not obtain the point each day for “Chiropractic” (the loss of 7 points each week can be made up for in other categories). If a non-chiropractic patient team member becomes a patient of REED Chiropractic during the challenge, then that person will receive “chiropractic” points starting the day that person becomes a patient. Remember, it is an accumulation of all three team members points at the end of the 6-week challenge. Teams must be established and Reed Chiropractic must have registration information for each team member *prior to the start of the challenge*.

Most Improved

As a group, you will determine the “Most Improved” competitor over the 6-Week Challenge.

Prizes

Team Challenge

Teams of 3 or more with the most total points of all combined team members.
30% of the total entry fee dollars

Individual Challenge

Gold (774+ points)

One person will be drawn from those who have completed the Gold Challenge to win...

30% of the total entry fee dollars

Silver (606-773 points)

One person will be drawn from those who have completed the Silver and Gold Challenge (not to include the winner of the Gold Challenge Prize) to win...

15% of the total entry fee dollars

Bronze (522-605 points)

One person will be drawn from those who have completed the Bronze, Silver and Gold Challenge (not to include the winners from either the Silver or Gold Challenge Prizes) to win...

10% of the total entry fee dollars

Most Improved

One person, determined by your group, will win...

15% of total entry fee dollars